



For class dates
and times visit:
HillcrestHospital.org

Click on “Care
Specialties and
Services”

Click on “Women &
Children’s Services”

Click on “Childbirth
and Parenting
Education”

Click on “Description
of Classes/Class
Schedule”

Expecting Twins or Triplets Class

- Differences during pregnancy and childbirth
- Infant care of multiples
- Promoting individualization of the children
- Purchasing child care supplies
- Stress management for parents
- Peer support and resources

\$45 per couple

It is best to register by your fifth month of pregnancy

To register, please call 440.312.4647 or 216.445.BABY