



For class dates  
and times visit:  
[HillcrestHospital.org](http://HillcrestHospital.org)

Click on “Care  
Specialties and  
Services”

Click on “Women &  
Children’s Services”

Click on “Childbirth  
and Parenting  
Education”

Click on “Description  
of Classes/Class  
Schedule”

# Keeping your baby safe

## Infant/Child CPR: 101 and 102

(two options now available)

**Infant/child CPR: 101** - focus is on  
infant up to age 1

**Infant/child CPR: 102** - focus is on  
child from ages 1-8

- How to determine if infant or young child is in distress
- Techniques for eliminating choking
- Cardiopulmonary resuscitation for cardiac arrest
- Rescue breathing for respiratory arrest
- Safety in and out of the home

*\$30 per person*

## Infant Safety in the Car and Home

Come and learn helpful tips on choosing and installing an infant car seat and making your home safe for baby.

Presented by a local firefighter who is trained as a child passenger safety seat technician.

*\$20 per couple*

To register, please call  
**440.312.4647** or  
**216.445.BABY**