



For class dates
and times visit:

HillcrestHospital.org

Click on “Care
Specialties and
Services”

Click on “Women &
Children’s Services”

Click on “Childbirth
and Parenting
Education”

Click on
“Description of
Classes/Class
Schedule”

Preparing Family for New Baby

Boot Camp for New Dads

A specially designed program for first-time Dads

- Taught by veteran dads
- Learn about bonding with the baby
- Learn how to help the new mom

*\$20 per Dad, includes the book “Hit the Ground
Crawling”*

Becoming a Big Brother or a Big Sister Class

For children ages three to nine and their parents
to prepare them for the arrival of their new sibling

- A tour of Family Maternity Center included

\$25 per family, \$5 each additional child

Grandparents’ Information Class

- Changes in childbirth
- Updates in infant care
- Importance of grandparenting
- Communicating in the extended family
- Tour of the Family Maternity Center

\$15 per person

Preparing Your Pet for the Newborn

- Pet adjustment
- Addressing safety issues for both your pet
and baby
- Making the transition as easy as possible

\$25 per couple

To register, please call
**440.312.4647 or
216.445.BABY**